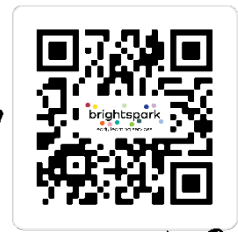




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## Custom Training Options

\* each training is designated for 2 hours

Training Title	Description
<b>Behavioral Support Trainings</b>	
Behavior Guidance in a Positive Climate	Guiding behavior while maintaining a positive classroom climate can be quite a balancing act. Many teachers wonder exactly what a “positive climate” looks like in everyday life, and how it can be maintained in a classroom with challenging behaviors. In this session you’ll look at CLASS indicators of positive climate, evaluate video footage of real-life responses to challenging behavior, and set goals for improving your own behavior guidance techniques.
Beyond Sorry: Nurturing a Conscience Through Guidance and Four Steps to a Heartfelt Apology	You are probably all too familiar with the forced, still-angry sounding "I'm sorry" from a child. Or maybe you hear a lot of, "Really, I'm soooo sorry. I'll never do it again, I promise!" Should we ask children to apologize even when they don't mean it? Or is there a way we can nurture a child's conscience and teach heartfelt apologies?
How Can I Help You? Reconsidering Behavior Management	Self-determination theory offers teachers a new lens on classroom practice that increases children’s engagement, promotes children’s sense of well-being, and leads to more positive developmental trajectories. While fulfilling children’s needs for autonomy, relatedness, and competence may seem inconsistent with some widespread practices—or simply hasn’t been prioritized when considering behavior management options—making small changes over time to better meet those needs allows teachers to more effectively support the whole child. Sometimes, it only takes the question “How can I help you?” to put a teacher on the best path to managing children’s behavior.
Understanding the Roots of Behavior	Challenging behaviors are often the result of unmet needs. Learn more about the important social/emotional needs of children, and what you can do to meet those needs. When needs are met through positive relationships, children will behave better and be ready to learn.
<b>Teacher/ Administration Trainings</b>	
Building an Anti-Racist Workplace	Participants will have a deeper understanding of anti-racist practices and frameworks to incorporate in their workplace. Also, you will learn new professional and equitable language to navigate complex discussions.
Classroom Management	During this session, child care providers will plan out a unique and comprehensive classroom management plan, including positively-worded rules, procedures, investment strategies, and behavior management plan.



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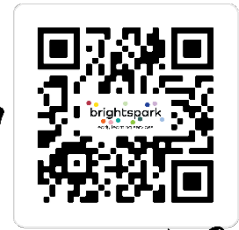
Training Title	Description
<b>Teacher/ Administration Trainings (continued)</b>	
Implementing an Emergent Curriculum	Directors and teachers will learn the history and basics of Emergent Curriculum philosophy and how to implement the curriculum in their classroom and across their early learning program.
Overcoming Compassion & Fatigue: Addressing Teacher Burnout	Caring for children, teaching them and watching them learn and grow can be very satisfying, but it can also take its toll on you. In this training you will learn about the causes and signs of compassion fatigue and tips for how to prevent it from happening to you.
Resilient Leadership for Child Care Directors and Supervisors	This training is designed for child care directors and those supervising other staff. We will discuss the difference between a traditional leader and a resilient leader, what staff and leaders need to be resilient, and how leaders can promote resiliency.
<b>Equity and Inclusivity Trainings</b>	
Creating an Anti-Bias Learning Environment	During this training, participants will discuss prejudice, bias, the importance of creating an anti-bias learning environment and ways to do so.
Equity in the Inclusive Classroom	Inclusive classrooms require accommodations to meet children's individual needs. This training will address the difference between equity and the idea of fairness, and how to provide accommodation for a variety of different complex needs. <b>(This training is designed for providers serving children with disabilities).</b>
Nurturing a Gender Inclusive Environment	Take a deeper dive into how you can be an LGBTQ+ ally and advocate for the children and families in your program. This intermediate training will focus on youth gender identity, critical gender terminology and promoting gender inclusivity in your early learning program.
Reflecting on Anti-Bias Education in Action: The Early Years	We will begin our journey by viewing the film "Reflecting on Anti-Bias Education in Action: The early years," produced locally, followed by facilitated conversations where we will reflect on the video, our own experiences and how we can move this important work of anti-bias, and anti-racism forward. This film is one of four films nominated for a Northwest Regional Emmy® in the new category of Diversity, Equity, and Inclusion.



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Training Title	Description
<b>Infant &amp; Toddler Focused Trainings</b>	
All About Adverse Childhood Experiences (ACEs)	Please join us as we discuss All About ACEs. We will focus on the definition of at-risk childhood experiences and how to identify personal aces. Next, we will focus on how ACEs can influence a child’s development. Educators and families will receive knowledgeable tools on how to support children that have ACEs.
A Social Emotional Approach to Biting	Please join us as we dive deep into taking a social emotional approach to biting. Biting brings up so many emotions for everyone involved and is a developmentally appropriate behavior for infants and toddlers. During our time together we will focus on the many reasons why biting occurs, ways to stay calm and curious when it happens and strategies for how to respond. Through lecture, video, small and large group discussion, participants will reflect on questions and skills that will guide them in creating an action plan and communicating with families.
Nurturing Deep Roots for Infants and Toddlers through Serve and Return	Please join us as we dive deeply into establishing deep roots through responsive care-giving. Research has now shown the most optimal way to foster both healthy brain development and a healthy social emotional foundation is through interactions called “serve and return”. During our time together we will focus on ways to identify, promote, and support children’s social emotional development through responsive child-led interactions. Through lecture, videos, and small group discussion and activities, participants will be able to identify and describe examples of serve and return. Finally, participants will reflect upon opportunities to grow and deepen the relational roots between them and the infants and toddlers they care for.
<b>General Child Development Trainings</b>	
Best Practices: Interactions	This session will introduce best practices for teachers interacting with children individually, in groups, and among their peers. We will look at interactions that promote self-regulation and provide proactive tips to use every day. Interacting with the children outside, both verbally and playing alongside them, we will come away with ideas on how to get the most out of gross motor time.
Best Practices: Math and Science	This session will introduce best practices for engaging math and science learning in early childhood settings. Participants will explore what the research says about early math and science experiences, and how enriching materials and quality adult-child interactions can support math and science development throughout the day. This can ensure that children will gain the foundational skills and dispositions that will support their future success.



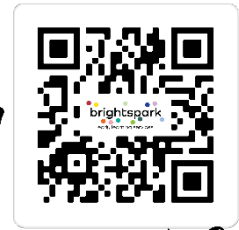
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Training Title	Description
<b>General Child Development Trainings (continued)</b>	
Best Practices: Routines and Transitions	Participants will identify and apply knowledge of best practices around routines and transitions. Transitioning from one activity to another can be challenging for children and adults, while routine activities can seem drab or boring. Engaging children in meaningful interactions can enhance children learning, decrease challenging behaviors, and improve the productivity of early learning settings. Come and explore how you can engage in powerful interactions during routines and transitions.
Intro to Early Learning Development Guidelines (ELDGs)	After a short lecture and small and large group discussions, participants will describe the elements of developmentally appropriate and culturally responsive practice. Recognize how the guidelines are related to child development. Identify how the guidelines were developed and why. Discuss and identify how they are related to the EA revisions and how they can be used as a resource.
Safe and Stimulating Outdoor Play	Join us as we identify ways to create stimulating activities for outdoor areas as well as review outdoor play requirements in relation to the WAC and the ERS tool. We will also discuss themes to develop further for your outdoor play area.
Supporting Dual Language Learners	In this training, participants will discuss the benefits of a dual language approach and identify strategies to support dual language learners in the classroom. Participants will also learn how to create a welcoming environment for dual language learners as well as how to show respect for children’s native language.
The Art Experience	There’s more to art than markers, crayons, paint, and paper. Join us for an in-depth exploration about how to develop art activities that children are interested in and excited to create. Learn how to display those art materials so that they are safe and accessible for daily use.
The Power of Play	Play is what children want to do and what they choose to do when given the freedom, independence, time and space to determine their own behavior. Play is how children learn about their world. Play is a child’s right and is the essence of childhood. Play is not a luxury; It is a necessity. Learn why play is crucial to a child’s development and ways you can help support their learning.